

Policy Position Statement

Health and Mental Health



Hi, my name is Jacqueline McGowan-Jones and I am the Commissioner for Children and Young People WA.

It's my job to stand up for the rights of children and young people.

To listen and to find out what you like, need and worry about as well as hear the great ideas you all have.

To help me do this, my team and I do surveys, forums and visits to places where children and young people get together, like schools and youth clubs.

I also talk to families, communities and people who work with children and young people to hear what they have to say.

I want to share what I have learnt so that people can make health and mental health better in Western Australia.

What is important for children and young people?



That they have what they need to be healthy.



That they get the help they need early to have the best start to life.



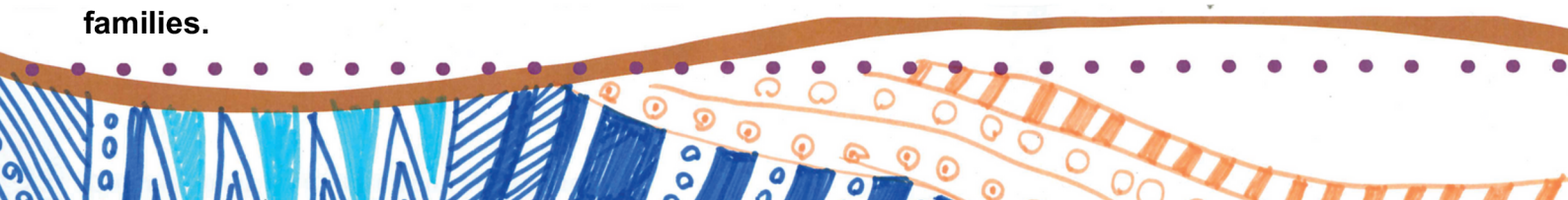
That they can easily get help with mental health when they need it.



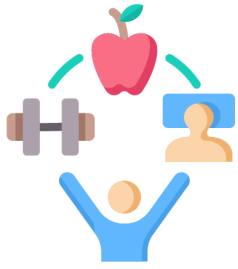
To have services that are right for them and their families.



To have a say and feel listened to.



What is needed for children and young people?



Healthy food, clean water, and safe places to play and learn.



Caring adults to help them grow strong and stay well.



Aboriginal people should stay connected to their culture, family, and Country.



Services should be affordable, nearby, and offer everything they need in one place.



Families and caregivers should have the support they need to help them grow, learn, and have the best start in life.



Extra support should be available for those at risk of hurting themselves.



There should be more mental health support in places they can reach easily.



They should be able to get help when they feel worried or upset before things get worse.



Early help prevents bigger problems. They grow and learn fast from a young age but can get sick or hurt easily.



If they are sick or hurt they should get care quickly so they don't get worse.



Health services should be easy to find, friendly, safe, and affordable.



Health care access no matter where they live, how much money they have, or what language they speak.

Contact Us



Commissioner for Children and Young People
Western Australia

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