

Professor Mike Daube

Director, McCusker Centre for Action on Alcohol and Youth

Progressing change





Commissioner for Children and Young People Nestern Australia

McCusker Centre for Action on Alcohol and Youth

Where Next?

Slide acknowledgements: Steve Allsop, Neil Guard, Sandra Jones, Julia Stafford



Reducing alcohol-related harm in children and young people forum





Are we drinking more?



Per capita alcohol consumption in Australia

Source: Tanya Chikritzhs, Steve Allsop, Rob Moodie & Wayne Hall

*The series of annual PCC of alcohol on which the old trend is based was derived from underestimated alcohol contents of wine. †The series of annual PCC of alcohol on which the new trend is based was derived from revised alcohol contents of wine.

'One of the main reasons I drink is to get drunk'

Report 43.3% of 16-17 year old WA school students.

Source: ASSAD Survey 2008.



Impacts of Alcohol Forum Series

May 2011: Brain Development and FASD July 2011: How Alcohol Affects My Work November 2011: Violence and alcohol

Boozy Leavers a thing of the past?



throw a disturbing new light on the isasa. Mr Reynolds, who was speaking at a forum on youth and alcohol yesterding totá of how he saw children as young as 12 in fils court, some of them already showing signs of being alcoholid. He also attempted to smash the storeotype about young drinkers typically coming from dystanctional families, claiming that while some of these afflicted

yoing armises vipically coming iron opsocietonia immilies, claiming that while some of those afficieted were Aboriginal children who stole to buy alcohol, others were children from well-off families in nice suburbs with no previous transgressions. Yanya secole fore a burrann of fuburance to their

Young people face a barrage of influences in their daily lives. The words and actions of their peer groups, teachers, sporting heroes, other celebrities and the powerful messages in mass advertising all jostle for attention.

But no matter the background of the child, their parents usually have the biggest and most constant indusance in forming their view of the world.

And in Mr Boynolds' opinion, some parents are to blame for their children taking a relaxed view about alochol, reforring to "western suburns kids who are overholdinged" and "poor parenting" in cases where it is seen as OK for themagers to go out and get drunk on a weekend.

Police have backed this view, with one officer lamoning the problems with parents providing their 15 year-olds with a six-pack on a Friday or Sabarday night and then not accepting responsibility when something goes wrong and the child gots into trouble with the law.

Clearly many people are in need of a reality check about their parenting skills.

The risks of alcohol abuse and the importance of a parent leading by example are sometimes not fully appreciated.

³Most parents commit their best efforts to the crucial task of rulsing healing and responsible young people and understand the need to provide firm and clear guidance on what sort of activities are socially acceptable, including if and when alochel consumption should be permitted. For a variety of reasons, others struggie in this role.



'Blind drunk' children spark health warning

CATEN OF LARY

WA ambulances are being called to treat almost one child or teenager a day for alcohol intoxication, alarm-

may or acconsintentiation, alarm-ing figures reveal. St John Ambulance Service patiant records show there were 2282 call-outs in 2008-10 for the primary reason of alcohol intocica-tion, 352 of them in people aged 18 magnetic start of the service of the service of the service service of the service of the service of the service service of the service of the service of the service service of the service of the service of the service service of the service of the service of the service of the service service of the service of the service of the service of the service service of the service of the service of the service of the service service of the service of the service of the service of the service service of the service of the service of the service of the service service of the service of the service of the service of the service service of the service of the service of the service of the service service of the service or younger. Five of the drunk chil-fren were under 12. Iooks, given this is the tip of the iceberg and these are only the chil-drun who are disastrouchy drunk

and at immediate risk."

stole to buy alcohol, while teenag-ers with well-off parents often had the money to fund their drinking.

He will ruise his concerns at a

forum in Perth today organised by the McCusker Centre for Action on Alcohol and Youth and the Tele-thon Institute for Child Health

He suid yrong teampars, some mes with an unblankthef record, papared in his court accused of Mitcar crimes, south a subklings, hulid by alsohal. Some Abedginal differiers had to omsch angehasis on the role of the urbs with the south part of the south part of the south part of the method by source part of the south part of the source horizont accused of the source of the source of the source horizont accused of the source of the source of the source horizont accused of the source of the source of the source of the source horizont accused of the source horizont accused of the source of

Research.

those 18 and under had to be taken to hospital.

CATHY O'LEARY

Children's Court president Denis

Cambral s cover present barns Reynolds says he sees children as young as 12 who are already alco-helics as the scourge of problem drinking deepers, including in weakby suburbs.

weakny suburbs. He said young teanagars, some-times with an unblemished record, appaared in his court accused of violest crimes, such as stabbings, fuelled by alcohol.

McCuster Centre for Action on Alcohol and Youth director Mike more than 15 per cent of all alcohol intextication call-outs in WA were Daube said the figures were dis-barbing and did not include falls, assuits and road grashes where for people aged 18 or under "There will be many more kids who are drunk and at risk but not alcohol was involved so catastrophically affected that they need ambulances, so we are accond was involved. "This is fightning because we are talking here about kids, includ-ing y orry young children, so appall-ingly drunk that they need urgent hopkial treatment," be said. "It's aven more verying than it labor the state of the said.

they need ambulances, so we are talking about kids who are blind-ingly frunk," he said. ⁵ What kind of a society are we turning into where children under 12 are taken to hospital in an ambu-

It is over none very ing cut it is the tip of the second s

Judge tells of alcoholics aged 12

illicit drugs such as amphetamines when alcohol was far more signifi-cant problem with many young offenders.

offenders. "The drug that causes the most trouble is alcohol and it's present in nearly every case of a sectors offence in this court and cuts right

dalged and have poor parenting, despite what those parents might like to think, and they go out and get drunk on their volka and that's

get armin on their volks and mar is som as OK. Sy t Adrian Fuller ald one of the bigget issues for police was dealing with the attinde of young drinkers' paramits. "From the age of about 15 H seems an acceptiod practice to go out and drink on a Friday and Shi-undar richt and for war promote to

offinois 21 uits vester in the state. "We have Aborightal kids who might te skirge urginaria andre: real actional and a state of a state of a state of a state real actional and a state of a state of a state real actional and a state of a state of a state real actional and a state of a state of a state real actional actional actional actional actional actional actional real actional actional actional actional actional actional actional real actional actionactional actional actional actionaction

disturbing trends being people drinking younger and drinking to governments because you would where the parents are when young get drunk. The tax system on alcohol meant children are drinking themse some products were cheaper than soft drink and bottled water and Australian Medical Association

WA president Dave Mountain said the figures showed many people there was still far too much alcohol there was still far too much alcohol promotion almost at children. He called for compulsory alcohol and drug education in schools. "This kind of alarm call tells us that we need much more comprethe ligures showed many people were drinking under-age. "It's concerning that large amounts of resources such as amounces and hospitals are needed to lookafter all these people hensive action at all levels, because getting drunk but the main con cern is the safety issue, particular we have a culture where drinking to get drunk is becoming the norm for kids and that has to change," he said. "The answers aren't just for ly for these kids who seem to think the only way to get their jollies is to get drunk," he said.

criminal offence, with many not prepared to come in and get them. "That affects our ability to do our

work, particularly because we have work, particularly because we nove a duity of care to get those children safely back to their parents." Emergency department doctor Dave Mountain said about one-fifth

of attendances were from drinking "When we do our ward rounds in

the morning they're crummed ful of people with acute injuries and illnesses because of drinking," he said

Sobering news on lingering effects

Young bingers risk brain damage



Frontline: Christian Tomlinson, metropolitan area manager of St John Ambulance, at the organisation's Belmont headquarters.

Picture: Jain Gillerok

Drunken girls more frequent patients of paramedics

Young girls covered in yomit, collapsed in the toilets of a nightclub, are becoming more frequent patients for parametic Christian Tomileson and colleagues. "The young famale, unconscious, covered in yornit Ming around the tollet bowl in a nightclub," is the picture he paints of a regular weekend call-out. Mr Tominson, a parametic for 10 years, trained in the UK and joined St. John Ambulance in W& in 2005 as a metropolitan area manager. Each week he deals with such damaging effects of alcohol.

Then there are the grashes on the roads where more often innocent parties are the ones who are injured or killed. Professionally, they get on with the job but it's the harm to others that can become frustrating he says.

"Everybody has the right to drink, but not to cause anybody else harm - such as assaults and drink_drivian⁶ be says

"When it's a drunk driver and that affects other people, that is when it gets the strating"

He says paramedics dealing with angry drunks can be at risk, at times.

"If we are in danger we withdraw. If somebody tails you to go away you are not going to pester them - we would call the police in to assist." While alcohol-related problems peaked on weakends must call outs were for life threatening ememoryles. "Alcohol has always played a bio part is our weekend work - it hasn't got any worse but there's more young females affected " he said.

Liver disease soars among young



Heartfelt plea: Cary and Kaylene Adams say parents should warn their children before they go out.

Victim's parents urge end to violence

YOLANDA ZAW

The parents of injured footballer Luke Adams have called for an end to drunken violence in Northbridge.

Gary and Kaylene Adams have spoken of the frustration and pain they have felt since May 1 when they received a 3am phone call to say their son was in hospital.

The 19-year-old Swan Districts ruckman was allegedly hit in the head during an altercation after a night out in Northbridge and was knocked unconscious when his head hit the pavement.



"The first day he was admitted we were told he wasn't going to make it through the day and no parent should have to be told that." Mrs Adams told Channel 7.

Luke made it through that first day but, a month on, he remains in the head trauma unit at Royal Perth Hospital. "There is not a day that goes by

that we don't pray for a miracle," Mr Adams said. "We have been given the worst-case scenario by the neurologists. We have to heed to their advice and just wait and see." The couple said their lives would

never be the same and more had to be done to stop violent behaviour. "It has got to stop," Mr Adams said, "Parents need to teach kids

about the dangers." Dylan Gerald Wayne Winter, 18, who is accused of assaulting Luke, is due in the Supreme Court today Carnage has to stop, says drink-drive victim CARDIELLE KNOWLES

Don't drink and drive, ever From Nyssa Massarotto, it is a powerful message. The wheelchair-bound 20-year-old is trying to rebuild her life after almost dying in 2008 when a drink driver run a red light and ploughed into her car In the wake of the death of In the wisks of the death of terranger Luke Beyer, allege ofly killed by a drink arriver, Miss Massarotto and her friends want to warn of the life-changing consequences of mixing alcohol and driving. Miss Massarotto, of Ballajara, spent iß months in begintal and Shanten Park Rehabilitation

Shenton Park Henabilitition Centre receiving treatment for head injuries, broken bones and bruised organs. Her mother Margaret

Her momer shargaret remembers the herriffic moment a doctor told her. "Your daughter's injuries are not survivable." Even after the then-18-year-old fought through the first few days, doctors told her parents to start looking for a nursing home and warned that she was unlikely to eat, speak or communicate again. "But I have to be honest and say Insver throught she was going to the," Mrs Massarotto said. "And I thirk the power of positive thinking has helped a lot with Nyssa's recovery."

Nyssa Massarotto has just csisbrated a year back at home but her life has been irrevocably

changed. "Mum has to be with me at all. times now," she said. In the wake of the second allaged drink driving case to affect Ballajura teenagers, Brooke Carrick, Tom Davies and other friends of Miss Massarotto and Luke Beyer's elder brother Matt

Line Boyer's einer drobber Mar are trying to stop drink-driving and speeding. "Our main message is, 'How many lives will it take to see the bigger picture'," Miss Gerrick said.

The group aims to have advertising of Perth booze bus locations banned and to bring positive change including improving lais-night weekend public transport. Their campaign, Enough is Enough, will be launched at Ballajura Community College on Sunday.



rollio, front, with friend Brooks Carrick, Pick sane: Hyssa Ma

PERTH 12-24 Details, P3

Sunny, Tomorrow: Sunny, 11-24, Yesterday: 15.3-25.3



Baby Bieber's wowing the world He's got talent: Jack Vidgen, 14, has become an internet singing sensation following his appearance on Australia's Got Talent. He has even been dubbed Baby Bieber. Report, P6

WA'S BEST COUNTRY PUB STEAK SANDWICH PAGE 5

Blitz snares 150 drink-drivers

SCM EXPOSE VE

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More than 150 WA motoriate were caught drink-driving during a truf-fic blin by police at the weakend. Pallos Commissioner Earl Itenti O'Callaghara said yesterday pallos had conducted Still random break tests as part of Operation Octopus, a three-week operation targeting drink-drivers. Of the 154 motorists caught

drink-driving, 12 had been charged

with driving under the influence. 72 with screeting 0.00, 68 with socreeting 0.05, eight with socreeding LO2 and one nowice driver was charged with being over the zero

During the operation, police had also charged in people with no anthonicy to drive, impounded 32 vehicles as a result of no anthonicy to drive or boon effences, and banded out 807 other traffic infringements.



KATHERINE ELEMINC

• assaults mostly by drunks

a median of 29 standard units in a night, which equates to just over three-quarters of a case of full-strength bear. Probasor Stove Alleop, director of the National Drug Basearch Institute at Curtin University, said Most weekend assaults are by deusek young men, many of whem have had more than 22 standard drinks and blame the intorisation for their violence, a study shows. of the Nettonic Yong Sangeed Trag Sangeed Sang for their violance, a study shows. The research was released by the Australian Institute of Crimino-logy before this weekend's Oper-ation Units, a mational police crashfown on drunken violance. R analysed interviews with effenders at nice sites around Au-It emilyed trear-rises with effectors at the set second Academic Effectors at the second Academic bears by the second Academic and Academic Descension. The second Academic and Academic Acatego Bowset and Acatego Academic Acatego Bowset and Academic Acatego Bowset and Academic Acatego Bowset and Acatego Academic Acatego Bowset and Acatego Acatego Acatego Bowset and Acatego Acat

offenders taken to Parth Watch-house tested positive for metham-photamina, the highest level of the mentioned sizes but lower than its level in 2001. The national average was 21 per

timid: of 2 mins. May you have studied with the second se The nutional swerage was 21 per cost. The Amiralian Hotels Associa-tion (WA) has called for all offan-ders to be tested to give an accurate printers of the contribution of drugs to violance. Togeta assain traits have changed little over the past 16 years bei these that caused grisewas boffly harm had increased on strird.

HOME DELIVERY Call 1800 811 855 to get The West home delivered



ow Help



Q1. If you had to tell us the one or two things you worry about the most when you see people drink alcohol, what would it be? Base: All Respondents (n=200).

1000

AMA blasts Coles, Woolies for slashing alcohol prices

The problem with cheap booze

Cheap booze bad news for teens

Anthony Templeton More kids are binge drinking as that it's easy for minors to buy alcohol," he said. "These stores are like an

at it's easy for minors to buy Prof Mike Daube said Coles and Woolworths should end their cheap alcohol promotions.

Coles and have been accused of below-cost end their liquor sales, although they both ions. denv the charge.

SOCIAL COST OF CHEAP GROG Bargain wine prices a 'major worry

🔳 Natasha Boddy



Cheap grog is key reason for violence, says top cop

Alcohol prices 'need reform' Cheap wines Worry doctor by **MARK METHERELL** HEALTH CORRESPONDENT











ENLARGE





Vok 2L Cocktail Range











WE KNOW WHAT NEEDS TO BE DONE

- Individuals
- Community
- Governments



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73.1%

A





Painted Dog Research

2011 Consultation with Young People Regarding Alcohol Consumption Commissioner for Children and Young People

31 August 2011

Client Contact Caron Irwin, Executive Direction Trish Heath, Principal Policy Officer

Prepared By Claudia Amonini (Principal) Sally Braidwood (Account Executive) survey_010911.pdf - Adobe Acrobat Pro

Help





Tougher laws and stronger enforcement is a key strategy for reducing the harm associated with alcohol drinking.

Better education, including targeting families and parents is also a prominent theme.

What can we do? (EXPERT CONCLUSIONS)

- We will need a range of responses I-E-D
- Prevent use and prevent exposure to risk
- Delay onset of use
- Reduce harm in those who use for them and for others
 - Control supply supply matters
 - Control promotions
 - Reduce demand
 - Connectedness matters adults, community, school
 - Address needs of vulnerable individuals, families and communities
- And What we do as adults matters

(From S. Allsop)

National Preventative Health Taskforce

- Key Action Areas Improve the safety of people who drink and those around 1. them
- Increase public awareness and reshape attitudes to 2. promote a safer drinking culture in Australia
- **Regulate alcohol promotions** 3.
- Reform alcohol taxation and pricing arrangements to 4. discourage harmful drinking
- Improve the health of Indigenous Australians 5.
- Strengthen, skill and support primary healthcare 6. to help people in making healthy choices
- Build healthy children and families 1.
- 2. Strengthen the evidence base

Education and Health Standing Committee Recommendations

- Allow 'controlled purchasing operations'.
- Increase enforcement and amend the objects of the Act.
- Introduce secondary supply legislation.
- Mandatory drug and alcohol education in all schools
- Assess the benefits of having a split age limit. lacksquare
- Introduce a minimum floor price on alcohol. •
- Introduce a tiered volumetric tax.

MPs push tough line on alcohol NATASHA BODDY and GARETH PARKER

beers, wines and spirits should than the national average.

Alcohol advertising should be re- for alcohol consumption, with the mendations may lead to criticism stricted, alcohol should have a min- average West Australian drinking that WA was a nanny State. imum price and all WA-produced 12.45 litres a year - 2.6 litres more "If being a nanny State means Transmus bentik mensione ending. It macommanded alashed manear. Nite Mauthbuildae and fast safe de

that young people can go to places



Alcohol prices 'need reform'

TOP health groups are stepping up pressure on the government to lift the price of cheap alcohol to curb excessive drinking.

OBSTACLES

- Cultural
- Other priorities
- Opposition to action major interests
- Politicians express concern race for soft options
- All too hard

WA 2008 Australian School Students Alcohol and Drug (ASSAD) Survey

Smoking Prevalence: 12-17 year olds in Western Australia: 1984 - 2008



The Australian cigarette pack in 2012







Reducing harm from alcohol

CREATING A HEALTHIER AUSTRALIA



WA Alcohol and Youth Action Coalition

- Youth •
- Alcohol prevention and services •
- Medical .
- Health .
- Legal •
- Law enforcement •
- Road safety ۲
- Charities .
- Welfare .
- Sexual health
- Mental health .
- Education •

- Universities
- Local government
- Research •
- Indigenous
- Drug treatment ۰
- Religious
- Injury prevention
- **Rural health** •
- Public health •

New group takes stand against alcohol scourge

KATHERINE FLEMING

Fears about rising levels of alcohol in 40 years. abuse among young people have "There is a real momentum ramping up. prompted 63 WA organisations to building," he said. "The whole com- "There's no excuse for offences form a new coalition, urging all lev- munity, not just small sectors, has and violence committed when peoels of government to act on the tide had enough. Police have had ple are under the influence of alcoof community concern. enough, health professionals are hol," he said. The WA Alcohol and Youth concerned and parents are desper- It comes after The Weekend West

hol-related aggression was also



Mission

To reduce alcohol related harms in young people through reduced overall consumption and lower risk patterns of consumption.

Primary target group:

Western Australians aged 14 to 25 years.

Approach

- Comprehensive action at various levels.
- Work in WA and nationally where appropriate.
- Stimulate and inform community discussion.
- Influence young people directly and indirectly.
- Raise awareness of the:
 - Magnitude of harms
 - Approaches we know can work
 - Other options
 - Need to act without delay.



Targets for Action

- Public awareness
- Availability and access
- Price
- Drink-driving
- Developing coalitions

- Community education
 Working with Indigenous organisations and communities
 - Exposure to advertising, marketing and sponsorship
 - Support for services
 - Support for research

Scope for hope

- Awareness
- Concern in community
- Concern among young people
- Organisations government, nongovernment, community
- Public opinion
- We know what to do

Opinion The Wiest Anstralian Need to act on

Need to act on abuse of alcohol by our children

What we can all do

- Show our concern
- Exemplar role parents and others
- Act as individuals
- Act as organisations
- Engage the community
- Work in coalitions
- Seek action from governments at all levels
- Stay with it

"Change comes from small initiatives which work, initiatives which, initiated, become the fashion.

We cannot wait for great visions from great people, for they are in short supply at the end of history. It is up to us to light our own small fires in the darkness."

Charles Handy