

SPEAKING OUT SURVEY

2025

Fact Sheet for Parents



What is the Speaking Out Survey?

The Speaking Out Survey is a comprehensive survey of children's wellbeing in WA, providing valuable insights for both government and non-government organisations to guide policies and programs. It is the only state-wide survey in Australia tracking the wellbeing of children and young people over time. Participating schools receive a confidential report on their students' health and wellbeing, offering valuable feedback from the students' perspective. The survey is supported by stakeholders and the community for its valuable data.

How will the information be collected?

CCYP staff will visit each school to conduct sessions and answer questions from students and staff.

Participation is voluntary, with children and parents able to opt out.

Students will complete a 30-minute survey on tablets provided by CCYP, and all information remains private.

Children in years 4-6 will take the 'Child' Survey, while students in years 7-12 will take the 'Young People' Survey.

SOS asks about key areas of wellbeing



Representation of children and young people

- A total of 16,532 children and young people participated in SOS 2021 and the extension surveys.
- 9.7% of participants identified as Aboriginal or Torres Strait Islander within the Child Survey, for the Young People Survey this was 7.7%.

In 2025 we are visiting schools across WA to ask up to 20,000 children and young people about their wellbeing.

Key findings from SOS21

- Most students feel teachers care, believe and listen to them but 1-in-3 high school students feel this is not or only a little true for them.
- Younger students have a more positive outlook - Year 7 to 12 students report less positive wellbeing outcomes than Year 4 to 6 students.
- Female students rate their wellbeing less favourably than male students in areas relating to mental health where 1-in-4 girls report poor life satisfaction, self-perception, conflict, relationships, personal safety and independence.
- Healthy nutrition and lack of physical activity are a concern for many older students - they worry about their weight, skip regular meals and do not participate in any sport activities outside of school.

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